

JULY-AUG-SEPT  
2010



**Our mission  
is to create and  
maintain  
long-lasting  
communication,  
participation,  
friendship,  
and support  
between  
Soldiers and  
families.**

**SPECIAL POINTS OF  
INTEREST:**

- July 30th– Single Soldier/Family Retreat
- August 6th– O Day
- August 14th– Family Play Day
- August 16th– Popcorn Fundraiser
- August 21st– Spouses Day Off
- Sept. 14th– Welcome Coffee
- Sept. 11th, 18th, & 25th – Dave Ramsey Class

**Next Meeting:**

**August 12th 1130-1200  
Command Conference  
Room**

# FRG Newsletter

BAYNE-JONES ARMY COMMUNITY HOSPITAL

## Message from the Hospital Commander

Greetings from the BJACH Command,

I hope this letter continues to find everyone safe and well. I want to personally thank you for your service to this nation and also thank the Family Members who continue to support us during our deployments.

Summer with its heat and high humidity has again arrived at Fort Polk and the garrison continues to make tremendous improvement in the quality of life for Soldiers and families. The new Dogwood Community Center with its large swimming pool is in full use and construction continues on the fourth neighborhood center which will be located in Camellia Terrace. The new Post Exchange opened with much fanfare and the Starbucks has become one of the busiest in the AAFES worldwide. In addition, ground has been broken for the new Chili's on post. Fort Polk welcomed thousands of local residents to our annual Freedom Fest celebration on 3 July. During the day there were games and face painting for the kids with every type of food imaginable for purchase on a stick (and some that I wouldn't have imagined prior to this). The evening's festivities began with the Silver Wings parachute demonstration team followed by musical headliner Trace Atkins and it concluded with an impres-

sive display of fireworks. It was a great success and the BJACH team was there to provide medical support.

BJACH also continue with improvements. The new state-of-the-art Operating Room suite is fully open for business and the renovations of the seventh floor are well ahead of schedule. We are in the process of fielding Essentris, the inpatient electronic medical record system, and the AHLTA 3.3 upgrade will be coming soon. The new chiropractic clinic is open for business and Primary Care is reorganizing in preparation for moving to the Patient Centered Medical Home concept in the next few months. In addition, we will begin incorporating TO&E providers into these teams. This should improve the health care provided to our beneficiaries as well as improve both patient and staff satisfaction.

The BJACH command team is going through a lot of personnel changes. We bid farewell to COL Jennifer Ector in June as she retired to Connecticut to be with her family and we have welcomed our new DCN, COL Karen Dunlap. We will soon be saying farewell to COL Lucas as our DCCS as she retires in August from active duty but she will continue her service to the Army as a member

of the Pediatric Department at Darnall Army Medical Center, FT Hood, TX. She will be succeeded by LTC Marshal Smith as our new DCCS. Our new CSM, CSM Jayme Johnson, has hit the ground running and has fully integrated into the BJACH team. The Headquarters Company will soon be changing command in July as CPT Jonathan Davis passes the guidon to CPT Wayne Schintgen. I want to thank our outgoing leaders for their service to the BJACH team as well as welcoming our new team members.

In closing, thank you for your continued selfless service and for representing the Army Medical Department with honor. We are here to support you and your Family so please do not hesitate to let the Command Team know if you or your family needs any assistance.

Service First,  
COL Murray





*"If your actions  
inspire others to  
dream more, learn  
more, do more and  
become more, you  
are a leader."*  
**John Quincy Adams**



**Soldier and Son Statue  
Memorial at the Korean  
War Memorial Park in  
Seoul, South Korea.  
Photo taken by Autumn  
Davis.**

## Message from Command Sergeant Major

Soldiers and Family members of Bayne-Jones Army Community Hospital (BJACH),

I would like to send greetings to all of you, wherever it may find you. I realize that many of you are far from home and I want you to know that I sympathize with your situation and how difficult that can be. I know you miss the people you love, especially during these summer months. Your Family and friends miss you, too.

Your sacrifice during our nation's time of need is making a

difference in protecting the American people in a time of challenge and danger. By spreading freedom and democracy, you are making our future more secure.

As your Command Sergeant Major, I am proud of every one of you. Some of your comrades have been wounded, and we pray for their recovery. Some have given their lives. We must never forget their service and sacrifice, we pray that God will comfort the Families they left behind.

BJACH is blessed to have men and women like you within our ranks protecting us and defending the cause of freedom across the world.

May God bless you and may He watch over your Families.

CSM Jayme Johnson  
Hospital CSM

## FRG Calendar of Events

### Single Soldier & Family Retreat

**30 JULY- 1 AUGUST**

The Single Soldier and Family Retreat will be hosted in Arlington, TX. It is open to all MEDDAC Single Soldiers with children. The POC for this event is Chaplains Office, SGT Carter at 531-3728.

### O-Day 6 AUGUST

The BJACH Organizational Day "O-Day" will be **August 6th** at Alligator Lake, pavilion E from 1130 to 1630. There will be food, games, music, and much more!

### Family Play Day 14 AUGUST

We will be having a Family Play Day on Saturday **August 14th** at 1100 at the Catfish Cove Playground. All families are invited, we hope to see you there.

### Popcorn Fundraiser 16 AUGUST

We will be having a Popcorn Sale Fundraiser on **August 16th** in front of the BJACH Dining Facility from 1100-1300.

### SPOUSES DAY OFF 21 AUGUST

We will be hosting a Spouses Day Off on Saturday, **August 21st**. This will be a day trip to Alexandria filled with shopping and lunch. We will meet at the 1st Floor BJACH Entrance at 0900 and return about 1500.

### Welcome Coffee 14 SEPTEMBER

There will be a Welcome Coffee for all new spouses is set for **Sept 14th** at 1800 on the DFAC Patio. Please join us in welcoming them to the BJACH Family. (weather permitting)

### Dave Ramsey Financial Peace University 11, 18, & 25 SEPTEMBER

We are planning another Dave Ramsey Financial Peace University Class on **Sept. 11th, 18th, and 25th** from 0900-1600. Please contact Mrs. Adams at [kathy.adams1@us.army.mil](mailto:kathy.adams1@us.army.mil) to sign up for this event.



## "We Provide The Best"



### Letter from Company CDR & ISG

BJACH PROFIS,

We are proud of your service and commitment to freedom, and our thoughts are with all of you as well as your families as you continue to serve down range. We look forward to your return and I'm sure you are ready to cash in on your much earned leave.

BJACH Soldiers and Families,

We hope you are enjoying your summer and getting out and enjoying the areas and activities to make the best of your stay at Ft. Polk. The FRG is planning many events for this quarter such as gathering and sending care packages to our Deployed Soldiers as well as family oriented events that we hope to see you at.

-CPT Jon Davis and ISG Cosby

### Letter from FRG Leader & FRSA

BJACH Family,

This past year and a half as the Medical Company FRG Leader has been wonderful. I would like to thank each and every volunteer that has helped support our BJACH Medical Company FRG. Without your support, friendship, and dedication it would not have been the same. I have met and volunteered with wonderful people who truly enjoy dedicating their time to support our Soldiers and their families. I encourage and challenge any Soldiers and Spouses that enjoy volunteering to be at the next FRG meeting to put your creativity to work.

Sincerely,  
Autumn Davis

### VOLUNTEERS NEEDED

We need volunteers for our Medical Company FRG. We have numerous events lined up for the next quarter and we would enjoy your assistance and commitment to our FRG. If you are interested in becoming a FRG volunteer please contact our FRSA, Mrs. Rebecca Andrade, at [rebecca.andrade1@us.army.mil](mailto:rebecca.andrade1@us.army.mil) or come to our next meeting, August 12th from 1130-1200 at the Command Conference Room, BJACH 1st Floor.

Thank you for supporting our Soldiers and Families.

-FRG Team

I am happy to be serving BJACH Medical Company, as the Unit Administrative Assistant at the company level, assisting with all administrative transactions. In addition, I will be serving as your Family Readiness Support Assistant (FRSA). I will assist the Family Readiness Group (FRG) Leader and volunteers with the scheduling of events and information flow to our Family members. I have been military affiliated for over nineteen years, and I hope to bring the good experiences from each assignment to better my service to you - the Soldiers, Civilians and Family members of BJACH. If I can be of any assistance, please contact me at [Rebecca.andrade1@amedd.army.mil](mailto:Rebecca.andrade1@amedd.army.mil) or 531-3800.

Rebecca K. Andrade  
Unit Administrative Assistant / FRSA

### UNIT CONTACT INFORMATION



Company Commander

Office: 337-531-3397

Email: [Jon.L.Davis@us.army.mil](mailto:Jon.L.Davis@us.army.mil)

Company First Sergeant

Office: 337-531-3397



## OPERATION READY

**“We Provide The Best”**



Bayne-Jones Army Community Hospital  
Family Readiness Group  
1585 3rd Street  
Fort Polk, Louisiana 74159

